

## SOTO ZEN SERVICE

### OPENING DHARMA VERSE

The unsurpassed profound  
and wondrous dharma  
Is rarely met with  
even in a hundred thousand million kalpas  
Now we can see and hear it  
accept and maintain it  
May we unfold the meaning  
of the Tathagata's truth

### CLOSING DHARMA VERSE (X3) 4 VOWS

Beings are numberless  
I vow to free them  
Delusions are inexhaustible  
I vow to end them  
Dharma gates are boundless  
I vow to enter them  
The buddha way is unsurpassable  
I vow to realize it

### REPENTANCE VERSE (x3)

All my past and harmful karma  
born from beginningless greed  
hate and delusion  
through body speech and mind  
I now fully avow

### THREE REFUGES VERSE

I take refuge in buddha  
I take refuge in dharma  
I take refuge in sangha

I take refuge in  
Buddha the fully awakened one  
I take refuge in  
Dharma the compassionate teaching  
I take refuge in  
Sangha the harmonious community

I have completely taken refuge in buddha  
I have completely taken refuge in dharma  
I have completely taken refuge in sangha

TAKKESA GE (x2)

Dai sai gedap-puku  
Musō fuku den e  
hi bu Nyorai kyo  
ko do shoshu jo

ROBE VERSE

How great the robe of liberation  
a formless field of merit  
wrapping ourselves in Buddha's teaching  
we free all living beings

TISSARANA

Buddham saranam gachami  
Dhammam saranam gachami  
Sangham saranam gachami

Dutyampi Buddham saranam gachami  
Dutyampi Dhammam saranam gachami  
Dutyampi Sangham saranam gachami

Tatyampi Buddham saranam gachami  
Tatyampi Dhammam saranam gachami  
Tatyampi Sangham saranam gachami

MEAL VERSE

We reflect on the efforts that brought us this food  
and consider how it comes to us  
We reflect on our virtue and practice  
and whether we are worth of this offering  
We regard greed as the obstacle to  
freedom of mind  
We regard this meal as medicine  
to sustain our life  
For the sake of enlightenment  
we now receive this food

First this is for the Three Treasures  
Next for the four benefactors  
Finally for the beings in the six realms  
May all be equally nourished

The first portion is to end all evil  
The second is to cultivate every good  
The third is to free all beings  
May everyone realize the buddha way