

And this truth is beyond extension
or diminution in time or space
in it a single thought is ten thousand years
Emptiness here Emptiness there
but the infinite universe
stands always before your eyes
Infinitely large and infinitely small no difference
for definitions have vanished
and no boundaries are seen
So too with Being and non-Being
Waste no time in doubts and arguments
that have nothing to do with this
One thing all things
move among and intermingle without distinction
To live in this realization
is to be without anxiety about nonperfection
To live in this faith is the road to nonduality
because the nondual is one with the trusting mind
Words!
The Way is beyond language for in it there is
no yesterday
no tomorrow
no today

FAITH MIND
(*Hsinhsinming*)

(Trans. R. B. Clarke)

The Great Way is not difficult
for those who have no preferences
When love and hate are both absent
everything becomes clear and undisguised
Make the smallest distinction however
and heaven and earth are set infinitely apart
If you wish to see the truth
then hold no opinions for or against anything
To set up what you like against what you dislike
is the disease of the mind
When the deep meaning of things is not understood
the mind's essential peace is disturbed to no avail
The Way is perfect like vast space
where nothing is lacking and nothing is in excess
Indeed it is due to our choosing to accept or reject
that we do not see the true nature of things
Be serene in the oneness of things and
such erroneous views will disappear by themselves
When you try to stop activity to achieve passivity
your very effort fills you with activity
As long as you remain in one extreme or the other
you will never know Oneness
Those who do not live in the single Way
fail in both activity and passivity assertion and denial

To deny the reality of things is to miss their reality
to assert the emptiness of things
is to miss their reality
The more you talk and think about it
the further astray you wander from the truth
Stop talking and thinking
and there is nothing you will not be able to know
To return to the root is to find the meaning
but to pursue appearances is to miss the source
At the moment of inner enlightenment
there is a going beyond appearance and emptiness
The changes that appear to occur in the empty world
we call real only because of our ignorance
Do not search for the truth
only cease to cherish opinions
Do not remain in the dualistic state
avoid such pursuits carefully
If there is even a trace of this and that
of right and wrong
the Mind-essence will be lost in confusion
Although all dualities come from the One
do not be attached even to this One
When the mind exists undisturbed in the Way
nothing in the world can offend
and when a thing can no longer offend
it ceases to exist in the old way

When all things are seen equally
the timeless Self-essence is reached
No comparisons or analogies are possible
in this causeless relationless state
Consider motion in stillness and stillness in motion
both movement and stillness disappear
When such dualities cease to exist
Oneness itself cannot exist
To this ultimate finality no law or description applies
For the unified mind in accord with the Way
all self-centered striving ceases
Doubts and irresolutions vanish
and life in true faith is possible
With a single stroke we are freed from bondage
nothing clings to us and we hold to nothing
All is empty clear self-illuminating
with no exertion of the mind's power
Here thought feeling knowledge and imagination
are of no value
In this world of Suchness there is neither
self nor other-than-self
To come directly into harmony with this reality
just simply say when doubt arises
"Not two" In this "not two"
nothing is separate nothing is excluded
No matter when or where

enlightenment means entering this truth
When no discriminating thoughts arise
the old mind ceases to exist
When thought objects vanish
the thinking-subject vanishes
and when the mind vanishes objects vanish
Things are objects because there is a subject or mind
and the mind is a subject because there are objects
Understand the relativity of these two
and the basic reality: the unity of emptiness
In this Emptiness the two are indistinguishable
and each contains in itself the whole world
If you do not discriminate between coarse and fine
you will not be tempted to prejudice and opinion
To live in the Great Way is neither easy nor difficult
But those with limited views are fearful and irresolute
the faster they hurry the slower they go
Clinging cannot be limited
even to be attached to the idea of enlightenment
is to go astray
Just let things be in their own way
and there will be neither coming nor going
Obey the nature of things
and you will walk freely and undisturbed
When thought is in bondage the truth is hidden
for everything is murky and unclear
The burdensome practice of judging

brings annoyance and weariness
What benefit can be derived
from distinctions and separations?
If you wish to move in the One Way do not dislike
even the world of senses and ideas
Indeed to accept them fully is identical
with true Enlightenment
The wise man strives to no goals
but the foolish man fetters himself
There is one Dharma not many
distinctions arise from the clinging needs
of the ignorant
To seek Mind with discriminating mind
is the greatest of all mistakes
Rest and unrest derive from illusion
with enlightenment there is no liking and disliking
All dualities come from ignorant inference
They are like dreams of flowers in air:
foolish to try to grasp them
Gain and loss right and wrong
such thoughts must finally be abolished at once
If the eye never sleeps all dreams will naturally cease
If the mind makes no discriminations
the ten thousand things
are as they are of single essence
To understand the mystery of this One-essence
is to be released from all entanglements