

(Doshi to Altar-Incense)

TITLE (Kokyo Solo):

SHUSHOGI-I-I ○

The Meaning of Practice and Verification

(Doshi to Mat-3 Prostration Bows)

## II. Repenting and Eliminating Bad Karma

7. The buddhas and ancestors because of their limitless sympathy have opened the vast gates of compassion in order to lead all beings to awakening

Among humans and devas who would not enter?

Although karmic retribution for evil acts must come in one of the three times repentance lessens the effects

or eliminates the bad karma and brings about purification

○ (Doshi Kneels)

8. Therefore we should repent before buddha in all sincerity

The power of the merit that results from repenting in this way before buddha saves and purifies us

This merit encourages the growth of unobstructed faith and effort

When faith appears it transforms both self and other and its benefits extend to beings both sentient and insentient

9. The gist of repentance is expressed as follows:

"Although we have accumulated much bad karma in the past producing causes and conditions that obstruct our practice of the way may the buddhas and ancestors who have attained the way of the buddha take pity on us liberate us from our karmic entanglements and remove obstructions to our study of the way

○ (Doshi to Altar-Incense)

May their merit fill up

and hold sway over the inexhaustible dharma realm so that they share with us their compassion"

Buddhas and ancestors were once like us  
in the future we shall be like them

○ (Doshi to Mat-Stands in Shassu)

10. "All my past and harmful karma  
born from beginningless greed hate and delusion  
through body speech and mind  
I now fully avow"

If we repent in this way we will certainly receive  
the mysterious guidance of the buddhas and ancestors

(Doshi in Gassho)

- Keeping this in mind and acting in the appropriate manner
  - we should openly confess before the buddha
- The power of this confession will cut the roots of our bad karma