

2011 ZAZENKAI

@ASZC

Meeting the Masters

WEEKEND RETREAT

DHARMA DIALOGs
BY
TAIUN-ROSHI
&
SENIOR DISCIPLES

Sponsored by



ZAZENKAI

Zazenkai is a “zazen meeting” of shorter duration than sesshin, and offers a unique opportunity to deepen your practice and train for longer sesshin.

All study materials will be provided at retreat. You are encouraged to read only the material that is assigned. In this way you will be able to focus on the teaching offered, and through zazen, more fully integrate the content of the teaching into your direct experience in meditation.

Please follow the schedule to the extent that you can, and inform the Retreat Leader (Ino) if and when you must be absent. When possible to do so, please communicate with the Ino by written note; otherwise please observe silence as much as possible.

SCHEDULE

FRIDAY

06:30 PM	Resident Arrival
07:00-07:30	Orientation
07:30-09:00	Zazen+Kinhin (3 @ 25/05)
09:00	Tissarana Service

SATURDAY

06:00 AM	Resident Wake-up
06:30 — 07:00	Tea in Zendo
07:00 — 08:00	Zazen+Kinhin (2 @ 25/05)
08:00 — 08:15	Morning Service
08:15 — 09:00	Breakfast Buffet
09:00 — 10:30	Zazen+Kinhin (3 @ 25/05)
10:30 — 10:45	Sutra Service
11:00 — 12:00	Dharma Dialog
12:00 — 01:00	Lunch Buffet
01:00 — 01:30	Work Practice/Study Break
01:30 — 04:00	Zazen+Kinhin+Dokusan (3 @ 40/10)
04:00 — 05:30	Dharma Dialog
05:30 — 06:30	Dinner Buffet
06:30 — 07:30	Work Practice/Break
07:30 — 09:00	Zazen+Kinhin (3 @ 25/05)
09:00	Tissarana Service

SUNDAY

06:00 AM	Resident Wake-up
06:30 — 07:00	Tea in Zendo
07:00 — 08:00	Zazen+Kinhin (2 @ 25/05)
08:00 — 08:30	Breakfast Buffet
08:30 — 09:00	Prepare for Public
09:00 — 10:30	Zazen+Kinhin+Dokusan (3 @ 25/05)
10:30 — 10:45	Sutra Service
11:00 — 12:00	Dharma Dialog
12:00 — 01:00	Covered Dish Lunch